Date: 23/08/2020

Notice National Cadet Corps

Fit India Movement

All NCC cadets are informed to actively participate in fit India Campaign by performing activities such as jogging, running, cycling and other such physical activities by considering local situation of Covid-19. You can act as volunteer to inspire your family members and friends to take part in this nationwide campaign. In the ongoing pandemic situation it is very important to maintain and enhance immunity as well fitness to tackle the infection.

All boys cadet should compulsory be participate in this activity and will share photographs with CTO Mr. R.L. Pawar on WhatsApp by 09 am every day. Girl cadets are also encouraged to participate considering local situation and health issues.

--Sd--

(R. L. Pawar)

CTO - NCC

--Sd--

I/C Principal

Notice to be communicated to NCC cadets through WhatsApp group by CTO.

This merrage is forworded to NCC cadet throgh.

(Mr.R.L. Pawer) CTO-NCC.

GOREGAON GOR

I/C PRINCIPAL

Mangaon Taluka Education Societate

Doshi Vakil Arts College and
G.C.U.B. Science & Commerce College

Goregaon-Raigad (402 103)

Mangaon Taluka Education Society's

Doshi Vakil Arts College and GCUB Science & Commerce College, Goregaon- Raigad

NATIONAL CADET CORPS (NCC)

Fit India Movement: Report

| Academic Year | 2020-21 |
|-------------------------------------|---|
| Name of the Activity | Fit India Campaign: Jogging, running, cycling and other such physical activities. |
| Day and date | From 23/08/2020 onwards everyday |
| Venue | In the respective localities and as per preference to the cadets. |
| Co-ordinated By | Mr R. L. Pawar CTO NCC |
| Activity for College/Class/Group | NCC cadets |
| No. of individuals taken pledge | Boy Cadets: 09 Girl cadets: 03 |
| Nature | Extra-curricular |
| Objectives of Activity | To encourage cadets to start or increase physical activity and sports in their everyday lives. To promote fitness as easy, fun and free. |
| | 3. To make fitness an integral part of our daily lives. |
| Brief Information bout activity | Fit India Movement was launched on 29th August, 2019 by Hon'ble Prime Minister with a view to make fitness an integral part of our daily lives. According the cadets are being informed to undertake various physical activities in the morning every day. Cadets actively participated in these activities though pandemic situation prevails. Photographs of activities are shared by cadets through WhatsApp to Mr. R.L. Pawar. |
| outcomes | Total of 09 cadets sent report of participation. |

Mr. R.I. Pawor C70-NCC



I/C PRINCIPAL

Mangaon Taluka Education Sc

Doshi Vakil Arts College

G.C.U.B. Science & Commerce Companion

Goregaon-Raigad (402 103)