

Mangaon Taluka Education Society's
Doshi Vakil Arts College and GCUB Science & Commerce
College, Goregaon- Raigad
Department of Commerce - Activity Report

Academic Year	2018-19
Activity No.	01
Name of the Activity	INTERNATIONAL YOGA DAY
Date	21 th June 2018
Time	7.00 am to 9.00 am
Venue	Rukhminiben Nathuramshet Mangal Karyalay
Organized By	Department of Commerce, NCC, NSS
Co-Ordinator	Dr. Parag V. Pimplapure, Mr. Shrikant Chandorkar
Activity for College/Class/Group	All College Students
No. of Beneficiaries	45
Nature	Co-curriculum activity
Objectives of Activity	<ul style="list-style-type: none"> ▪ To make students aware of physical and mental diseases and its solutions through practicing yoga. ▪ To protect unhealthy practices and promote and respect the good practices to make health better.
Brief Information about activity	International Yoga Day was organized on 21st June at 7 am in Rukhminiben Nathuramshet Mangal Karyalay. Everyone did yoga as per the yoga protocol video provided by Ayush Mantralay. At the end of the program, the organizer Dr. Parag Vasantao Pimpalpure explained the importance of yoga to all present students, teachers and non-teaching staff.
Outcome	Raised awareness about the many benefits of practising Yoga for students.
Feedback Analysis	Feedback from students are very positive.

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Head of Dept. of Commerce
HEAD, DEPARTMENT OF COMMERCE
Mangaon Taluka Education Society's
Doshi Vakil Arts College and
G.C.U.B. Science & Commerce College
Goregaon-Raigad (402103)



Laym

I/C PRINCIPAL
Mangaon Taluka Education Society's
Doshi Vakil Arts College and
G.C.U.B. Science & Commerce College
Goregaon-Raigad (402 103)

2018-19

Mangaon Taluka Education Society's

Doshi Vakil Arts College and G.C.U.B. Science & Commerce College,

At.-Goregaon, Tal.-Mangaon, Dist.-Raigad

Name of Activity : International 1009 day Dept./Assoc. Commerce
Date of Activity : 21 June 2017 Time : 7.30 am Venue : Rukminiben Mangal Karyalay

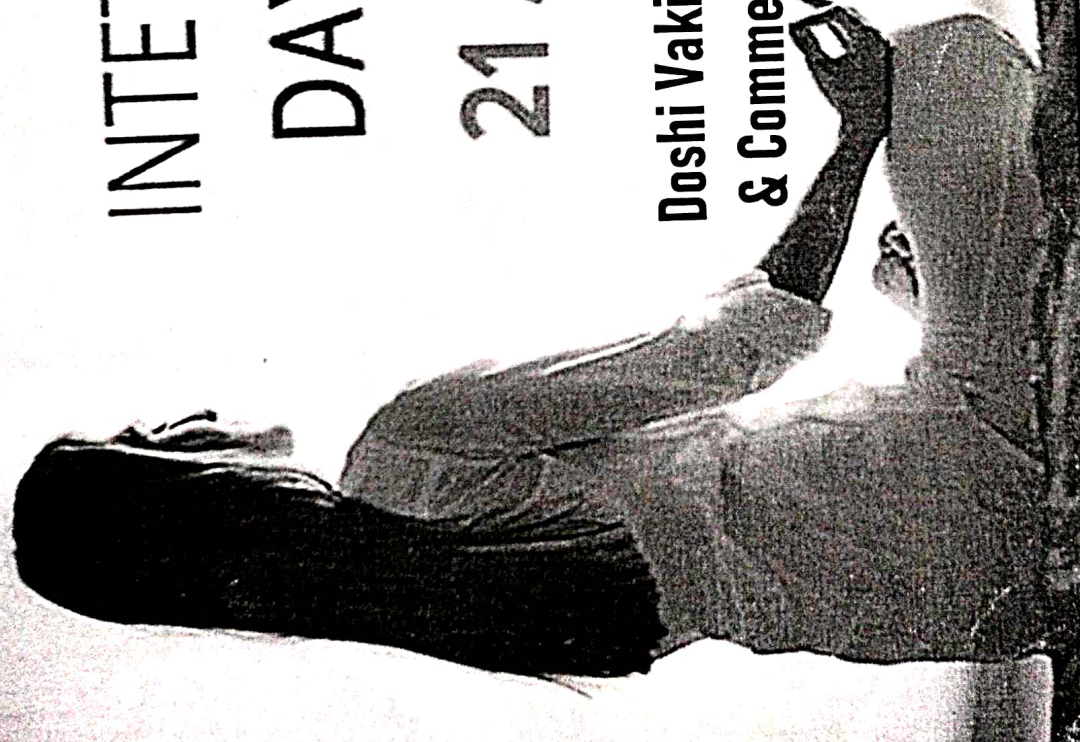
Attendance Sheet

Sr.No.	Roll No	Signature	Sr.No.	Roll No	Signature
1	5045	Rudra	26	5002	Asma
2	4077	Shivani	27	4079	NB
3	5004	Sansari	28	4052	Mskadam
4	5054	Amroze	29	5029	Tah
5	8018	Bandhe	30	5004	Sansari
6	5007	Osama	31	8011	Ahmed
7	4054	Azmiya	32	5037	Manfi
8	8008	Bhoir	33	4080	S.K. more
9	4077	Shivani	34	4001	Asiya
10	5010	Pratiksha	35	5044	Snehal
11	5008	Murase	36	5045	Rudra
12	4046	MS	37	8055	Shirke
13	5005	Seemra	38	8013	Namisa
14	4001	Asiya	39	5049	C.N.M.
15	8013	Namisa	40	5046	Akshay
16	4005	Bahad	41	4046	MS
17	8058	S. n	42	8047	Panwar
18	8018	Adas	43	5007	Osama
19	8053	Ankita	44	4008	S.S. Belay
20	5023	Anam	45	8023	Sanjot
21	4045	Prate	46		
22	4038	Shirke	47		
23	4069	Shirke	48		
24	4005	Bahad	49		
25	4043	M. Ashar	50		

Sheet No. 01

Lajmi
Chairperson's Signature

HEAD, DEPARTMENT OF COMMERCE
Mangaon Taluka Education Society's
Doshi Vakil Arts College and
G.C.U.B. Science & Commerce College
Goregaon-Raigad (402103)



INTERNATIONAL DAY OF YOGA

21 JUNE 2018

Celebrating at

**Doshi Vakil Arts College & G.C.U.B. Science
& Commerce College, Goregaon-Raigad**
7.00 am to 9.00 am

