

19/2/06

Mangaon Taluka Education Society's
Doshi Vakil Arts College and GCUB Science & Commerce
College, Goregaon- Raigad
Department of Commerce - Activity Report

Academic Year	2018-19
Activity No.	01
Name of the Activity	INTERNATIONAL YOGA DAY
Date	21 th June 2018
Time	7.00 am to 9.00 am
Venue	Rukhminiben Nathuramshet Mangal Karyalay
Organized By	Department of Commerce, NCC, NSS
Co-Ordinator	Dr. Parag V. Pimplapure, Mr. Shrikant Chandorkar
Activity for College/Class/Group	All College Students
No. of Beneficiaries	45
Nature	Co-curriculum activity
Objectives of Activity	<ul style="list-style-type: none">To make students aware of physical and mental diseases and its solutions through practicing yoga.To protect unhealthy practices and promote and respect the good practices to make health better.
Brief Information about activity	International Yoga Day was organized on 21st June at 7 am in Rukhminiben Nathuramshet Mangal Karyalay. Everyone did yoga as per the yoga protocol video provided by Ayush Mantralay. At the end of the program, the organizer Dr. Parag Vasanttrao Pimpalpure explained the importance of yoga to all present students, teachers and non-teaching staff.
Outcome	Raised awareness about the many benefits of practising Yoga for students.
Feedback Analysis	Feedback from students are very positive.

Signature

Head of Dept. of Commerce

HEAD, DEPARTMENT OF COMMERCE
Mangaon Taluka Education Society's
Doshi Vakil Arts College and
G.C.U.B. Science & Commerce College
Goregaon-Raigad (402103)



Signature

I/C PRINCIPAL

Mangaon Taluka Education Society's
Doshi Vakil Arts College and
G.C.U.B. Science & Commerce College
Goregaon-Raigad (402 103)

2018-19

Mangaon Taluka Education Society's
Doshi Vakil Arts College and G.C.U.B.
Science & Commerce College,

At.-Goregaon, Tal.-Mangaon, Dist.-Raigad


Name of Activity : International Yogy day Dept./Assoc. CommerceDate of Activity : 21 June 2017 Time : 7.00 am Venue : Rukminiben Mangal Karyakarya**Attendance Sheet**

Sr.No.	Roll No	Signature	Sr.No.	Roll No	Signature
1	5045	Rudra	26	5002	Uma
2	4037	Shivani	27	4099	NB
3	5004	Sansari	28	4052	Mskadam
4	5054	Anore	29	5029	Tah
5	8016	Anandhe	30	5004	Sansari
6	5007	Osama	31	8011	Ahmed
7	4054	Azmiya	32	5037	Mani
8	8008	Bhoir	33	4080	S.k.muse
9	4077	Shivani	34	4001	Asiya
10	5010	Pratiksha	35	5044	Snehal
11	5008	Muzza	36	5045	Rudra
12	4046	MS	37	8055	Shirke
13	5005	Saam	38	8013	Namisa
14	4001	Asiya	39	5099	C.N.M.
15	8013	Namisa	40	5046	Adkebari
16	4005	Bahad	41	4046	MS
17	8058	Sin	42	8047	Parar
18	8018	Adas	43	5007	Osama
19	8053	Ankita	44	4008	S.S.Belasy
20	5023	Rhan	45	8023	Sanjot
21	4045	Rhat	46		
22	4038	Alotari	47		
23	4069	Srinave	48		
24	4005	Bahad	49		
25	4043	M.Azhar	50		

Sheet No. 01

Lam
 Chairperson's Signature

HEAD, DEPARTMENT OF COMMERCE
 Mangaon Taluka Education Society's
 Doshi Vakil Arts College and
 G.C.U.B. Science & Commerce College
 Goregaon-Raigad (402103)



INTERNATIONAL DAY OF YOGA

21 JUNE 2018

Celebrating at

**Doshi Vakil Arts College & G.C.U.B. Science
& Commerce College, Goregaon-Raigad**

7.00 am to 9.00 am

